



THE GILLESPIE GAZETTE

CONNECTING MEMBERS WITH THE COMMUNITY AND EACH OTHER

LETTER FROM THE DIRECTOR

Hello Gillespie Center Community,

As we settle into the heart of Fall, we begin with our Fall Foliage Cruise on October 5th, an outing that will be sure to showcase autumn at its best. Just two days later, we'll gather for our Movie & TV Legends Trivia Luncheon on October 7th, followed immediately by a Medicare Open Enrollment Seminar—a timely chance to get helpful guidance as enrollment season begins. We're also excited to offer a special Fall excursion to the Sidekick Theater to see Arsenic & Old Lace on October 28th, a delightful outing for theater lovers.

October continues with programs that support both wellness and lifelong learning. On October 19th, we'll host a 55+ Driver Discount Class, a great opportunity to refresh your skills and earn valuable insurance savings. And please mark your calendars for October 29th from 10am–12pm, when the Gillespie Center & Ridgeview Health will offer an Influenza Vaccine Clinic to help you stay healthy heading into winter. Looking ahead just a bit, the Center will also be open for voting on November 3rd, and we encourage everyone to come cast their votes.

On November 6th, we will welcome Chosen Threads for our Fall Fashion Show & Luncheon. Then, on November 12th, we invite you to join us for our Day-After Veteran's Day Lunch, held in partnership with the Mound Legion. Our Holiday Boutique vendor list is filling up - be sure to register soon to reserve your space. Lastly, we want to share a reminder with our snowbirds that, as we approach the winter months, Gillespie will not be sending out newsletters to addresses outside of Minnesota. If you would like to continue receiving the newsletter out-of-state, please let us know at info@gillespiecenter.org and we will ensure you receive an electronic newsletter via email. Happy Fall!

Brian W. Embrey

Re/Max Member Benefits Program

Kristin and John Beise, our local realtors, will donate 15% of their commission to the Gillespie Center for every home purchased or sold using their services.

Please call for more information or pick up a brochure at the Gillespie Center!

It's a win/win for you and the Gillespie Center!

EVENTS

Day After Veteran's Day Lunch! Thursday, November 12th
\$10 Per Person, FREE for Veterans
Menu is Meatball Sub, Chips, a Pickle & Dessert



**Fall Foliage
Cruise & Lunch**

Monday, October 5th • 11:30 AM

\$25

LUNCH INCLUDES HAM & TURKEY
CROISSANT SANDWICH, CHIPS, POTATO
SALAD, CARROTS & A COOKIE

with Al & Alma's



**TV & MOVIE
LEGENDS
TRIVIA**

★ WEDNESDAY, ★
OCTOBER 7TH

11am

★ **\$10** ★
PER PERSON

SIGN UP AT THE FRONT DESK
CALL 952-472-6501 FOR MORE INFORMATION

Coffee with the Director

Tuesday,
October 13th
9am



10/7 - Movie & TV Legends Trivia

**11/9 - U.S. National Parks &
Landmarks Trivia**

12/2 - Holiday Trivia



NEWS



THANKS TO
SCOTTY B FOR
LUNCH ON AUGUST
26TH, AND TO
STEVE LARSON
WHO PRESENTED
THE "7TH INNING
STRETCH"
SEMINAR ON
AUGUST 26TH!



THE MINNETONKA HISTORICAL SOCIETY
RECENTLY DONATED THIS WOODEN SEMI
TRUCK HAND CRAFTED BY BILL GILLESPIE!



Thank You!

A giant thank you to Mrs.
Moy and all our
volunteers who helped
make and serve a
delicious lunch on
Wednesday, 9/16!

EXERCISE GROUPS!

Strength and Stability: Mind and Motion

Wednesdays at 11:45 - 12:30 PM

This class focuses on strength, balance, and mental sharpness. Class may involve body weight exercises, free weights, resistance tubes, or no equipment options. Occasionally a ball is used for easy, playful tossing and simple word memory games to keep the mind engaged while the body moves. Expect supportive guidance, adaptable options and a warm, social atmosphere that makes staying strong and steady genuinely enjoyable and accessible.

Gentle Yoga

Wednesdays 10:30-11:30 AM

Class begins with grounding postures seated or lying to help settle the mind and focus on gentle breathing. Then easing into stretching, a few held postures and a touch of flowing movement. Expect increased focus, stability and strength.



PHOTO CLUB

The Photo Club meets at the Gillespie Center the first Tuesday every month at 10 AM. Each Tuesday during the month is a planned photo outing in the local area to an event, museum, or point of interest. We welcome all who are interested in photography and all skill levels to join us. We will enjoy sharing our next photo adventure with you.



Gillespie Singers Show Choir (aka Gillespie Singers)

The choir practices on 3 Thursdays in one month and performs on 2-3 Thursdays the next month. If you're interested, please contact Evelin, 952-472-2105, before coming to a practice. There are no tryouts.

Welcome back to our Gillespie Singers! Practices will resume in September on Sept. 10, 17, and 24 from 1:30pm-3:30pm.

**Intro to Square Dancing
for Beginners
is held on Mondays
at 7:00 p.m.
October 5, 12, 19 & 26**

Free Seminars

Medicare Open Enrollment

Presented by the State of MN - Aging Pathways
Wednesday, October 7th at 1pm

3D Printing

Presented by Kirk Lindberg
Wednesday, October 14th at 1pm





SERVICES



Sparkling Feet will be at the Gillespie Center on the second Wednesday of every month from 9:15 AM – 3:00 PM.

Sparkling Feet is a nurse-owned company that helps people take care of their feet and toenails. Call 952-204-9406 for an appointment for a foot assessment and pedicure.

Upcoming Dates:

October 14th & November 11th

FREE TECH SUPPORT



Wednesday
October 21st
9am-11am

Sign up by calling
952-472-6501

Framed Reverie

Contact Brianna at 218-590-0877 or Brianna@FramedReverie.com



PRECISION
DRIVING CENTER
OF MINNESOTA
A DIVISION OF ST. CLOUD STATE UNIVERSITY

Get up to 10% off your car insurance of 3 years!

Class is at the
Gillespie Center:
Monday, October 19th
8:30am-12:30pm

Register by calling
320-308-1400 or visit
DriverDiscountProgram.com



FREE

Eye Glass Services

Join Brianna from Framed Reverie every third Wednesday of the month from 11am-1pm for complimentary eyewear adjustments, minor repairs, and personalized consultations.

Offered the 3rd Wednesday of each month
Wednesday, October 21st
11:00 AM - 1:00 PM



Happy Birthday to the following Members... We wish you all the best in the year to come!

RAYMOND YULE 10/01
DORIS ROCKWELL 10/03
JUDITH FALLAT 10/03
GARY SEVERTSON 10/03
ROY JACOBSON 10/05
DOROTHY HALLIN 10/06

JOHN APLEGATE 10/06
ELIZABETH BLACKWELL 10/07
BRAHIM ZABELI 10/09
TIMOTHY TOSO 10/10
STEPHEN MILTICH 10/13
JOANNE JOHNSON 10/13
DARLENE CRADIT 10/14
EMERY LEE 10/14
TERESA ERICKSON 10/15

ROBERT FERIANCEK 10/15
SANDY AHLSTROM 10/15
DEBRA CASSERLY 10/17
JOE NEVE 10/19
KATHLEEN HUNT 10/20
DARLA LINNENKAMP 10/21
LEON CORPUZ 10/23
MIKE KIRKWOOD 10/23
GRETCHEN SHAW 10/26
KAREN SCHMIDT 10/27
WAYNE DAVIS 10/29
DOROTHY NOOR 10/31

The Gillespie Center is the perfect location for gatherings of many kinds...

- Birthday, anniversary, graduation, holiday parties
- Baby and bridal showers
- Weddings
- Family or class reunions
- Business meetings
- Celebration of life
- Fundraisers
- Banquets
- And more



To find out more and check availability contact info@gillespiecenter.org

**Gillespie Center members receive a 10% discount on room rental charges.*

BOARD OF DIRECTORS

Co-President:	Karen Delorenzo
Co-President:	Cindy Palm
Treasurer:	Michelle Seeman
Secretary:	Linda Blakstvedt

Board Directors:
Colleen Hendricks
Vicki Innes
Claudia Lacy, City of Minnetrista
Sherri Pugh, City of Mound

THANK YOU SPONSORS

See your Business Here!

We have a fantastic partnership opportunity for you...
Advertising your business in our Gazette will help offset
our newsletter costs! Please contact
Director@GillespieCenter.org
for more information!



Sound Hearing Instruments
At the Gillespie Center
every Tuesday & Thursday 9 am - 4 pm
Dr. Joe Neve, Au.D., Audiologist, provides Hearing
Tests, Hearing Aids and Service
For appointments, call (952) 522-2139.
www.soundhearinginc.com



LOOK for our Weekly sales flyer.
Your Grocery Store and a whole lot more!

Jubilee foods

In the Mound
MarketPlace Center
Commerce & Lynwood,
downtown Mound

Open 7 days a week - 6 a.m. to 10 p.m.
Phone: 952-472-3108 Fax: 952-472-6470

we have carry-out and drive-up service.



ANNUAL MEMBERSHIP

Annual memberships at The Gillespie Center help support the day-to-day operations.

Call the Center to become a member or renew your membership. Check the mailing label on this newsletter to find the expiration date of your membership. Business sponsorships are also available.

Please consider purchasing a Gillespie Center membership for family and friends as a gift to help support our summer maintenance projects!

Welcome

NEW GILLESPIE MEMBERS IN OCTOBER 2026!

Chris Gallaty, Judy Duncan, Suzanne Nordblum, Jane Gharbi & Mary Herstad!

Thank you to our donors in September!

- St. Boni / Minnetrista Lions
- Northwest Tonka Lions
- Gillespie Square Dancers
- Gillespie Bridge Club
- Gillespie Coffee Club
- Mike & Cindy Palm
- Peter & Jackie Meyer
- Ardette Gustafson
- Church of Our Lady of the Lake
- Back Channel Brewing Co.
- Friends in memoriam of Lily Harding
- Anonymous

We need your help!

- Bakery Drivers
- Front Desk
- Kitchen/Dining Room
- Dishwasher
- Grant Writer
- Technology Guru

Please call
952-472-6501 or stop by the front
desk if interested!

THE GILLESPIE CENTER ENDOWMENT FUND

The Gillespie Center Endowment Fund was established to maintain consistent financial support now and in the future. The principal from the Endowment Fund will continue to grow, in perpetuity, to help fund Gillespie Center programs and services for many years to come. The interest earned each year is used to fund current programs and service needs.

Making a gift to the fund provides assurance that your wishes are respected and your gift(s) can have a permanent, positive impact on the well-being of current and future older adults.

Gifts to this fund may be current, pledged, or planned gifts including cash, real estate, stocks, memorials, trust, and insurance benefits.

Make your donation even more special. Make a gift in honor or memory of a friend, family member, or other loved one. You can also celebrate a birthday, anniversary, or other special event.

JOIN FOR AN EXCURSION



**Wednesday, October 28 | Arsenic and Lace at
the Sidekick Theatre**

Bus departs at 10:45am, show at 1pm

Cost is \$70 which includes ticket,
meal & transportation

MUST SIGN UP by October 26



HOLIDAY BOUTIQUE

PLEASE CONSIDER
PURCHASING A TABLE AT THE
GILLESPIE CENTER 2026
HOLIDAY BOUTIQUE. COME
SHOW OFF YOUR CREATIVE
SIDE! VENDOR
REGISTRATION NOW
AVAILABLE.

CALL 952-472-6501
FOR MORE
INFORMATION!

A poster for the 2026 Holiday Boutique. It features a black background with a gold ribbon and scissors at the top. The text is in gold and white. At the bottom left is the Gillespie Center logo.

**2026
HOLIDAY BOUTIQUE**

NOVEMBER 23RD - NOVEMBER 28TH

Vendor registration is now open!

Fee to host your own table is \$50 (\$40 if you volunteer as boutique monitor) with 10% of sales going to the Gillespie Center. Don't miss out!

REGISTER BY SENDING AN EMAIL TO
BOUTIQUE@GILLESPIECENTER.ORG OR LEARN MORE
INFORMATION BY CALLING 952-472-6501

2590 COMMERCE BLVD, MOUND, MN 55364





ANNOUNCEMENTS

THE NEXT GILLESPIE CENTER BOARD MEETING WILL BE:

THURSDAY, OCTOBER 8TH AT 5PM

FOR DETAILS ON UPCOMING GILLESPIE BOARD ELECTIONS, PLEASE SEND AN EMAIL TO INFO@GILLESPIECENTER.ORG



AGING PATHWAYS

IN PREPARATION FOR MEDICARE OPEN ENROLLMENT,
WE WILL BE HOLDING A MEDICARE COUNSELING
SEMINAR IN PARTNERSHIP WITH THE STATE OF MN ON:

WEDNESDAY, OCTOBER 7TH

1PM-2:30PM

ADDITIONAL COUNSELING IS AVAILABLE. SCHEDULE A
1:1 APPOINTMENT BY FOLLOWING THE STEPS LISTED
ON THE BACK OF THIS NEWSLETTER.

CONGRATULATIONS TO OUR
SWEEPSTAKES WINNERS IN SEPTEMBER!

WEEK 36 - ANDREW GASCA
WEEK 37 - MICHELLE SEEMAN
WEEK 38 - ZOE ECKBLAD
WEEK 39 - MIKE KORTE

QUARTER 3 - JOHANNA BADON

**Sweepstakes
Winners**



OVER 50 & FIT | MONDAY, WEDNESDAY, FRIDAY 8:30 A.M.

Wake up and stretch! Invigorating low impact exercise and stretching to a variety of music. Cost \$15 for a lifetime membership.

CARDS AND GAMES | MONDAY, TUESDAY, WEDNESDAY & THURSDAY

Canasta - Mondays at 9 a.m.

Cribbage - Mondays at 1 p.m.

Bridge - Wednesdays at 1 p.m.

Mahjong - 1st & 3rd Thursdays of each month at 10 a.m.

Rummikub - Thursdays at 1:30 p.m.

SQUARE DANCING FOR BEGINNERS | MONDAY AT 7:00 PM. [NO FEE]

ART GROUP | TUESDAY AT 9:30 A.M.

PHOTO CLUB | TUESDAY AT 10 A.M.

Meets the first Tuesday of every month at 10:00 AM to plan photo shoots, photography education, and speakers. Please contact Videll Pfiefer (612) 360-3965 if interested.

UKULELE CLUB | TUESDAY AT 10:00 A.M.

If you would like more information, contact Margaret Holste at (612) 201-6020.

BALANCE YOGA | TUESDAY AT 10 A.M.

FEE: \$35 for 4 classes or \$10 per class..

PING PONG | WEDNESDAYS AT 10A.M.

GENTLE YOGA | WEDNESDAY AT 10:30 A.M. [NEW]

Class begins with grounding postures seated or lying to help settle the mind and focus on gentle breathing, then easing into stretching, a few held postures & a touch of flowing movement. Expect increased focus, stability and strength. FEE: \$7 per class.

STRENGTH AND STABILITY: MIND AND MOTION | WEDNESDAY AT 11:45 A.M.

This class focuses on strength, balance, and mental sharpness. Sessions may involve body weight exercises, free weights, resistance tubes, or no equipment options. See instructor, Victoria for drop in or monthly fee options.

GILLESPIE CENTER MEN'S GROUP | THURSDAY AT 10 A.M.

Get out of the house and come spend time with the guys. Call Phil Johnson at 952-239-0965 for more information.

WALKING CLUB | FRIDAY AT 10:00 AM

Buy a Gift Card and support
the Gillespie!



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GILLESPIE CENTER HOURS

MONDAY - THURSDAY

8AM-4PM

FRIDAYS

8AM-12PM

SATURDAYS (BAKERY ONLY)

8:30AM-10:30AM

Did you know that when you purchase a gift card through the Gillespie Center a portion of the sale goes back directly to the Gillespie Center? It's a fundraiser for the center that has very low administration. Gift cards are available for purchase at the Front Desk.

OCTOBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
*There will be no Balance Yoga on Tuesday, November 24th			1 9am-4pm Hearing Dr. 10:00am Mahjong 10:00am Men's Shed 1:30pm Rummikub	2 8:30am Over 50 & Fit 9:00am Coffee Club 10:00am Walking Club
5 8:30am Over 50 & Fit 9:00am Canasta 1:00pm Cribbage 7:00pm Square Dancing	6 9am-4pm Hearing Dr. 9am Coffee with the Director 9:30am Art Group 10:00am Photo Club 10:00am Balance Yoga 10:30am Ukelele	7 8:30am Over 50 & Fit 9:15am Sparkling Feet 10am Ping Pong 10:30am Gentle Yoga 11am Movie & TV Legends Trivia 1pm Medicare Open Enrollment Seminar 1pm Bridge 11:45am Strength & Stability	8 9am-4pm Hearing Dr. 10:00am Men's Shed 1:30pm Rummikub	9 8:30am Over 50 & Fit 9:00am Coffee Club 10:00am Walking Club
12 8:30am Over 50 & Fit 9:00am Canasta 1:00pm Cribbage 7:00pm Square Dancing	13 9am-4pm Hearing Dr. 9:30am Art Group 10:00am Balance Yoga 10:30am Ukelele	14 8:30am Over 50 & Fit 10am Ping Pong 10:30am Gentle Yoga 11am Framed Reverie 11:45am Strength & Stability 1pm Bridge 1pm 3D Printing Seminar	15 9am-4pm Hearing Dr. 10:00am Mahjong 10:00am Men's Shed 1:30pm Rummikub	16 8:30am Over 50 & Fit 9:00am Coffee Club 10:00am Walking Club
19 8:30am Over 50 & Fit 8:30am 55+ Driver Discount Program 9:00am Canasta 1:00pm Cribbage 7:00pm Square Dancing	20 9am-4pm Hearing Dr. 9:30am Art Group 10:00am Balance Yoga 10:30am Ukelele	21 8:30am Over 50 & Fit 10am Ping Pong 10:30am Gentle Yoga 11:45am Strength & Stability 1pm Bridge	22 9am-4pm Hearing Dr. 10:00am Men's Shed 1:30pm Rummikub	23 8:30am Over 50 & Fit 9:00am Coffee Club 10:00am Walking Club
26 8:30am Over 50 & Fit 9:00am Canasta 1:00pm Cribbage 7:00pm Square Dancing	27 9am-4pm Hearing Dr. 9:30am Art Group 10:00am Balance Yoga 10:30am Ukelele	28 8:30am Over 50 & Fit 9:15am Sparkling Feet 10am Ping Pong 10:30am Gentle Yoga 11:45am Strength & Stability 1pm Bridge	29 9am-4pm Hearing Dr. 10:00am Men's Shed 1:30pm Rummikub	30 8:30am Over 50 & Fit 9:00am Coffee Club 10:00am Walking Club

Did you know that you can get FREE Medicare Counseling?
The Gillespie Center offers in-person appointments on the
2nd Thursday of each month.

To make an in-person appointment go to
metroaging.org/get-help/medicare and select:

- “Make an In-Person Appointment”
- “In-Person - Choose Location...”
- Under ‘Select Staff’, choose ‘The Gillespie Center’
- Select a time from the **2nd Thursday of the month**
- Confirm your appointment from the following times:
 - 12pm, 1:15pm or 3:30pm
 - Open Enrollment is **October 15 - December 7**



Or call the Minnesota Aging Pathways Line at 1-800-333-2433. Minnesota Aging Pathways is an independent agency & not affiliated with any insurance company.



Schedule an appointment now at
metroaging.org/get-help/medicare
or scan the QR code with your phone's camera

The Gillespie Center
2590 Commerce Boulevard
Mound, MN 55364

Phone: 952-472-6501
Website: www.gillespiecenter.org
Email: info@gillespiecenter.org